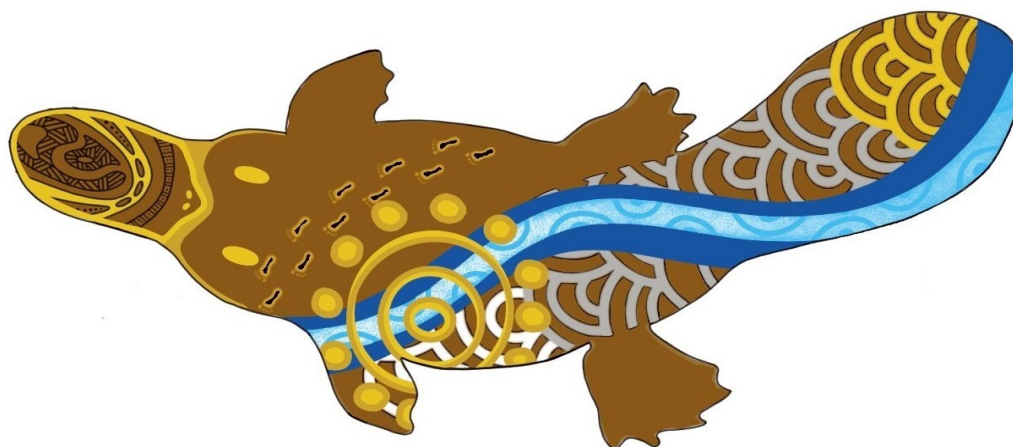


# PLATYPUS MINI TRACKS

## Covid 19 Edition

# 6—JULY 2020

### ANNOUNCING THE ARRIVAL OF BADAC'S NEW EARLY CHILDHOOD & LEARNING CENTRE



**PERRIDAK BURRON— (Platypus Children)**  
**340—348 Humffray Street North—BROWN HILL**

**PLEASE KEEP SAFE EVERYBODY. OUR COMMUNITY NEEDS EVERYONE TO TAKE THIS  
PANDEMIC SERIOUSLY.**

**PLEASE FOLLOW THE RULES OF SOCIAL DISTANCING, WASH YOUR HANDS AND COUGH  
AND SNEEZE INTO YOUR ELBOW. STAY AT HOME WHERE POSSIBLE!**



**Want your magazine  
delivered via email?**

Email: [reception@badac.net.au](mailto:reception@badac.net.au)

# A Message from Karen Heap

Hi Everyone.

We are still sending out some "Covid 19" Newsletter as the situation with the pandemic continues to change.

As you would all be aware the situation in Melbourne is quite concerning, and I cannot stress the importance of keeping away from the Melbourne hotspots and also keeping anyone from Melbourne away from you if possible.

We are in a time of uncertainty, and whatever happens in the next few weeks, you can be assured we will all still be here working for you to keep you all informed and updated on the situation.

Our Medical Centre remains open to you all, as does most of our services.

We are also announcing our new venture as well...Perridak Burron Early Learning Centre, currently being built at Brown Hill. We are very excited about what this new opportunity will mean for our Community in the future.

In the meantime, please everyone, keep safe, wash and sanitise your hands, and maintain your distance. As they say.. "We are all in this together" and as a strong Community, together we will also look after each other!

Cheers Karen

## HOME AND COMMUNITY CARE SERVICES ARE STILL AVAILABLE

STAFF ARE AVAILABLE TO ASSIST WITH SHOPPING AND ALSO LAWN MOWING.

IF THERE ARE ANY OTHER ESSENTIAL SERVICES YOU NEED, PLEASE CONTACT THE HACC TEAM OR BADAC RECEPTION.



## YES, WE ARE ALL STILL WORKING HARD AT BADAC.

Medical, SEWB, Koorie Family Services, Family Violence Program, Local and Youth Justice, Children & Youth Services and HACC. We are all only a call away, so if you need to chat, please leave a message at Reception and we will give you a call back ASAP.



Many are working from home, but we are still doing our best for our Community.

## DIABETES AND CORONA VIRUS

We've all heard a lot about Corona virus (Covid-19) and it looks like it's going to be around for a long while yet!?

The World's scientists are trying to create a vaccine but in the meantime, what can we do?

The best thing is to keep healthy and active. This means eating a balanced, healthy diet with fruit and vegetables being most important.

Being active means getting some exercise everyday. A walk, some stretches, some yoga or some weights. For those with a food fitness level, maybe even a jog or a bike ride!

Set a goal to quit smoking.

But if you have diabetes (or any other chronic condition) it's important to manage your condition well to be in the best health you can be. So please get yourself a diabetes checkup.

Come and see the Doctors at BADAC. Have a health check or get your Management Plan updated.

Make sure you have your flu vaccine this winter and a vaccination against pneumonia if you're due.

Come and see Faye our Diabetes Educator to have a sick day plan prepared. This will help you manage your diabetes if you get sick (Blood glucose levels skyrocket when you are sick)

For more information visit [www.ndss.com.au](http://www.ndss.com.au) or [www.diabetesvic.org.au](http://www.diabetesvic.org.au)

Listen to the podcasts Living well with Diabetes especially the Covid19 special edition on the Diabetes Vic website.



Coronavirus  
(COVID-19)

# TO HELP STOP THE SPREAD OF CORONAVIRUS, OUR BUSINESS HOURS HAVE CHANGED.

We'll keep you posted  
with any future updates.

For more information about **Coronavirus  
(COVID-19)** visit **health.gov.au**

HELP  
**STOP** THE  
**SPREAD**  
AND STAY HEALTHY

Ballarat and District Aboriginal Co-operative (BADAC)

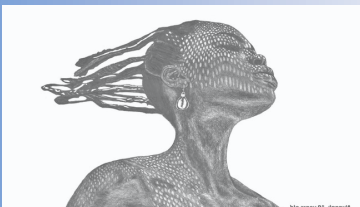
Koorie Family Services is currently **CLOSED** due to COVID-19 restrictions.

Staff are available by appointments only.

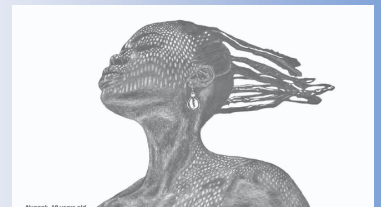
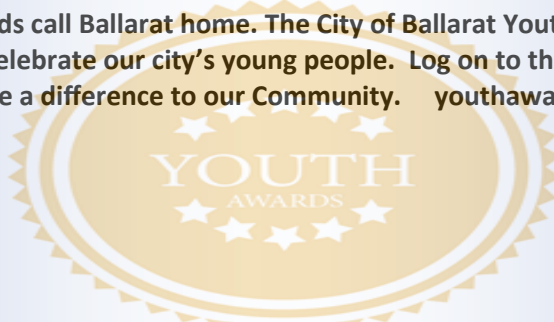
Please call reception on 5331 5344 to speak with someone if you need assistance.

The City of Ballarat's Youth Council is proud to present the 2020 City of Ballarat Youth Awards are now accepting nominations.

Approximately 20,000 12 – 25 year olds call Ballarat home. The City of Ballarat Youth Awards is a wonderful opportunity for the community to recognise and celebrate our city's young people. Log on to the Website and nominate a young person you think has made a difference to our Community. [youthawards.ballarat.vic.gov.au](http://youthawards.ballarat.vic.gov.au)



Ministry 11, August



Ministry 11, August

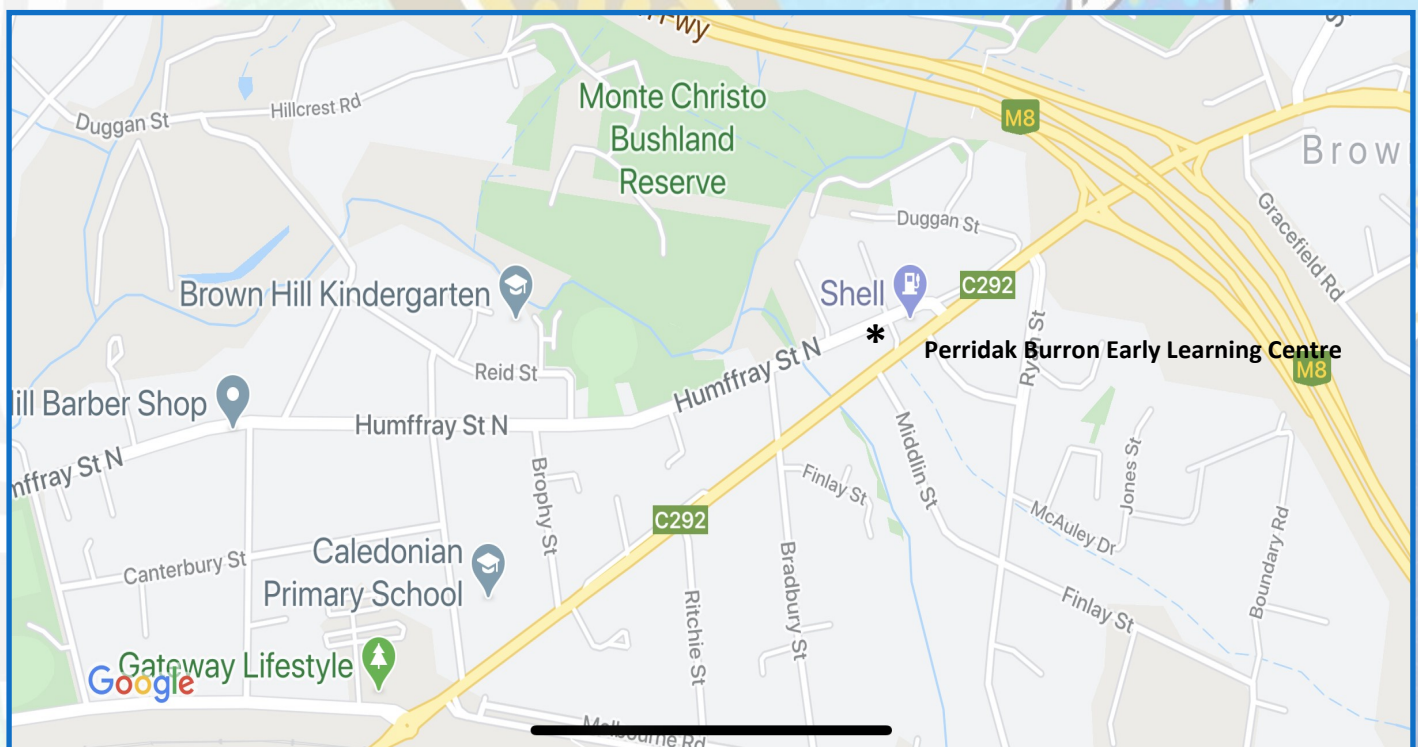
# PERRIDAK BURRON Early Learning Centre

BADAC is currently seeking a Provider Approval Status through the Department of Education and Training to provide Early Childhood Education and Care services for our mob.

The early learning service: **Perridak Burron Early Learning** (meaning 'Platypus Children') will provide a culturally safe and rich learning environment where families and the community are collaborators in each child's learning journey from birth through to school engagement. Perridak Burron will combat and support the barriers and factors that impact upon Aboriginal and Torres Strait Islander family's participation in early year's education.

BADAC are committed to the ongoing journey of closing the gap on educational disparities between Aboriginal & Torres Strait Islander and non-Aboriginal children. Aboriginal and Torres Strait Islander children are twice as likely in comparison to non-Aboriginal children to be developmentally vulnerable when they start school, with evidence showing that equal access to high quality early childhood education and care services provides opportunity for increased educational outcomes and successful transition into formal schooling.

BADAC are facilitating a project of providing these early childhood education and care services in response to the needs of our community. There is increase importance of early education and insufficiency of culturally safe early learning services causing high demand for these facilities. This project will commence with the opening of an Aboriginal designed, managed and delivered early years' service that includes a 100 place long day care, government funded kindergarten and play group in Brown Hill with a proposed operating date of early 2021.



The new PERRIDAK BURRON EARLY LEARNING CENTRE will be situated at 340 - 348 Humffray Street North, Brown Hill, behind the Shell Service Station. (See Map Above) and will provide an increased capacity for BADAC to deliver Early Childhood Education services to our local Aboriginal & Torres Strait Islander Community, as well as opportunity for non- Aboriginal children to attend as well.

As we move ahead with this development, we will keep you all updated with the changes in the weeks to come!

FOR MORE INFORMATION ABOUT THE NEW BADAC PERRIDAK BURRON EARLY LEARNING CENTRE, PLEASE CONTACT JON KANOA (CHIEF OPERATIONS MANAGER) AT BADAC.

# An exciting new venture for our Community

BADAC will shortly be appointing an Early Childhood Learning & Development Manager, (position available through SEEK) with the position to be filled by the end of July 2020.

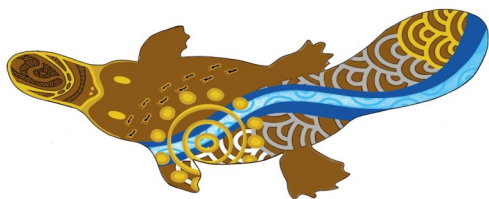
This new and exciting endeavour by BADAC will provide many employment opportunities for our Community, and will be open for both Aboriginal and Non Aboriginal children.

This will become a gathering place for all our children to grow and learn together, creating their own educational community.

BADAC Playgroup will be conducted at this new centre, along with other programs.

All Artwork for the Perridak Burrton Early Learning Centre has been commissioned by local Community Member, Shu Brown.

The Development is an exciting step for BADAC, as it further aligns us to the process of Self Determination. We are proving to be a strong community and should all be very proud of how far we have come, and our vision for the future.



PERRIDAK BURRON EARLY LEARNING CENTRE  
LOGO DESIGNED BY SHU BROWN

The logo design for the new Perridak Burrton Early Learning Centre was designed by local Shu Brown. In the shape of the Platypus (Perridak in Waddawurrung language) the culturally inspired logo has connection to Water that flows across the region. The Hills are represented in various colours, representing the different hills across the region, bald hills, gold rich hills and ochre rich hills.

The meeting place symbol being the ELC and in general the Ballarat Region as a meeting place and a diverse community for many Aboriginal People across the state and country.

Footsteps representing the learning journey of the young children.

All this on the back of a platypus, the animal that is made up from lots of different animals much like the community.

## BADAC SERVICES INFORMATION (BUSINESS HOURS ONLY):

MAIN RECEPTION 5331 5344 Option # 9

MEDICAL RECEPTION (MEDICAL) 5331 5344 Option # 2

MATERNAL CHILD HEALTH—5331 5344 Option # 2

SOCIAL & EMOTIONAL WELLBEING/SEXUAL ASSAULT SUPPORT—5331 5344 Option # 2

KOORIE FAMILY SERVICES 5331 5344 Option # 9

HOME & COMMUNITY CARE 5331 5344 Option # 9

FAMILY VIOLENCE 5331 5344 Option # 9

Please let Reception know if you want to speak to someone specifically. A message will be given to staff member to phone you! back.



Triple Zero 000

Gambler's Help 1800 858 858

Lifeline 13 11 14

Kids Helpline 1800 551 800

National Debt Hotline 1800 007 007

Parentline 13 22 89

Aboriginal Legal Services 1800 064 865

Nurse-On-Call 1300 60 60 24

Maternal and Child Health Line 13 22 29

Suicide Line Victoria 1300 651 251

BHS Mental Health Services 1300 661 323

## NAIDOC BAGS ARE OUR GIFT TO YOU ALL!



The NAIDOC Hampers are a gift to all of you from BADAC due to us not being able to put on our normal NAIDOC Celebration. They have been lovingly put together by many staff who have been working on bringing these all together over the past weeks. Special efforts from Leanne Gafa, Shaqiera Cartledge, Tarelle McLeod, Mick Clark, Jackson Kanoa, Jon Kanoa, Rob Watts and Jared Guy must be noted, however many other BADAC Staff have been involved in sewing, burning, packing and bringing these amazing Naidoc Bags to you.

THANKYOU TO ALL STAFF INVOLVED, AND THANKYOU TO OUR AMAZING COMMUNITY AT THIS UNNORMAL NAIDOC TIME!

We all look forward to seeing you all in person in November.

### FACEBOOK GROUPS TO CHECK OUT:

KOORIE KIDS PARENTING

KOORIE YOUTH BALLARAT

BALLARAT & DISTRICT ABORIGINAL COOPERATIVE



### Badac Media Youtube Channel

CHECK OUT THE CREATIVITY OF YOUR YOUNG COMMUNITY MEMBERS DOING DURING COVID 19.



GOT YA  
FLU SHOT  
YET?

