

PLATYPUS TRACKS

SUMMER EDITION 2020/21

MERRY CHRISTMAS

And a Very Happy and Safe 2021!



Ballarat and District
Aboriginal
Co-operative Ltd



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We wish to acknowledge the traditional owners of the land of Ballaarat, The Waddawurrung people.

We acknowledge their Elders, Past, Present and emerging and also acknowledge those people from other nations who after being part of the Stolen Generations, chose to make Ballaarat their home

From our Chairperson—Marjorie Pickford



Hello Everyone

2020 has been a very unexpected year, however it has been encouraging to see how BADAC under Karen Heap's leadership has continued to support our Community and staff.

Thankfully the Pandemic did not have any serious effects on any of our members.

On behalf of the Board, I would like to congratulate Karen and her team for providing support to members in the form of hampers during Easter and Naidoc, having regular contact with our Elders, continual Newsletter updates, providing DVD's, books, puzzles and activities to keep everyone busy and always being there for the Community.

The Board will meet again early in 2021 and we look forward to the addition of the new Perridak Burron Childcare Centre at Brown Hill.

Until next time, please follow all restrictions, as we are not out of the pandemic just yet.

I wish everyone a very Merry Christmas and a Great 2021!

Marjorie



A QUICK REMINDER TO ALL OUR ACTIVE MEMBERS.



SANTA'S ELVES HAVE BEEN BUSY PREPARING CHRISTMAS HAMPERS FOR YOU ALL, HOWEVER WE NEED YOU TO REGISTER AT FRONT RECEPTION AS SOON AS POSSIBLE SO THEY KNOW TO DROP ONE OFF TO YOU.

ALSO DON'T FORGET TO REGISTER YOUR CHILD SO SANTA KNOWS TO DROP OFF A PRESENT FOR THEM. \$3.00 PER CHILD

PLEASE PHONE FRONT RECEPTION ON 5331 5344 AS SOON AS POSSIBLE

BADAC PRESENTS...
OUR FIRST CHRISTMAS TREE
PRESENT DROP OFF

DROP OFF WILL BE DURING THE
WEEK OF THE 14TH - 18TH OF
DECEMBER

**MERRY
XMAS**

Don't forget to pop your kids names
down at BADACS reception by the 5th of
December with \$3 donation.
or
Call reception on 53315344

Made with PosterMyWall.com



From Our CEO– Karen Heap



Co-VID19 - A huge thank you - we've almost made it!!!

Massive thanks to each and every one of you for ensuring we got through this pandemic to December 2020. I know how hard it was not seeing friends, family and community and I thank you all again.

I'd like to thank my Chief Operating Officer Jon Kanoa, Chief Finance Officer Leigh Skelton, Chief HR & Governance Officer David Carter and all the BADAC staff, who have been very flexible in these trying times and looking after their clients and the BADAC community to the best of their ability.

In the meantime, please remember – BADAC is open for business! Please continue your appointments and health checks as usual, even if over the phone. Our GPs are available by phone or face-to-face if needed.

You can call BADAC any time if you need help, support, or just to chat.

BADAC's doors won't be open until 2021. In the meantime, we hope to be able to open soon to small groups of about ten, for example Diabetes Group and Youth Group. We will keep you informed through newsletters, social media and BADAC website. You may also ask your BADAC contact for updates or ring reception.

We are very pleased that BADAC is now able to commence home visits, however BADAC staff will continue to wear Personal Protective Clothing (PPE).

We ask our community to continue to be cautious, and to keep washing hands, keep a safe social distance and wearing masks outside in busy public areas. You must wear a mask **INSIDE** public areas except for the usual exemptions.

Face Masks – see DHHS <https://www.dhhs.vic.gov.au/face-coverings-covid-19>

Advocacy and Connection

As CEO, I am continuing to have virtual meetings with government, Aboriginal peak bodies and organisations and other community organisations, through Zoom, Skype and other web-based technology.

I have had meetings with DHHS, Aboriginal Housing Victoria, Regional Aboriginal Justice Advisory Committee (RAJAC), CAFS, WRISC and many others.

In other news, as you know I resigned from Chairperson of VACCHO to focus completely on BADAC during the pandemic. I have recently accepted a Board position with CAFS Ballarat and look forward to greater connection between our organisations with benefit to our community.

This November I was honoured to be inducted onto the Honour Roll for Victorian Women.

This award is so important – it's a powerful symbol that Aboriginal people can continue to break those glass ceilings and show leadership in the general community too.



Media

BADAC is regularly approached by ABC, WIN news, Ballarat Courier and others for comment and stories.

Recently, we have done a number of stories, including CO-VID19 and its impact on local Aboriginal people. A big ABC feature was regarding CO-VID and how BADAC and the Aboriginal community took proactive steps to care for our Elders and vulnerable members. The article suggested that mainstream society could take lessons from Aboriginal people about caring for and respecting their Elderly.

Our Youth team made a film for NAIDOC which was very well received.

Find the link here <https://www.youtube.com/watch?v=y6a0H-4XlkQ&app=desktop>

BADAC continues to work with local media outlets to tell Aboriginal stories and portray Aboriginal people in strong and positive ways.

New Programs and Services:

Early Childhood Learning & Development:

In super-exciting news, we expect to be opening our BADAC kindergarten in Brown Hill in 2021.

Aboriginal culture will be embedded in the fitout, play spaces and curriculum so that our children will feel safe and be able to celebrate their Aboriginal culture from their earliest experiences of education.

All children will be able to engage with education and culture so they can take up all the great opportunities offered by living in Ballarat and Victoria.

BADAC is actively seeking enrolments for the new kinder, so please check our website or reception for more information.

We are also still working hard towards securing funding for our Aboriginal community kindergarten in Sebastopol. We'll let you know as soon as there is any news that we can share.

Medical clinic

Please remember - Keep appointments or ring and let us know if you are unable to make your appointment. This is important so that someone else who is waiting can see the doctor faster.

Seasons Greetings

I'd like to wish you all a Merry Christmas and a Happy New Year

Please stay safe and take care

I look forward to seeing you all in 2021.

Kind regards,

Karen Heap





Do it for your self – Cervical Screen Test or Pap test

Have you been avoiding the Pap or Cervical Screening Test (CST) because of the speculum?

At BADAC all Aboriginal and Torres Strait Islander women can now collect your own sample using a swab in the privacy of the toilet or behind the screens.



BADAC is one of the Victorian Aboriginal Health Services participating in research with Melbourne University, VACCHO and VCS Foundation to increase women's cervical screening participation.

Currently only women who are over 30 years of age and who were 2 years overdue could access the self-collected cervical screen. Through this research project all Aboriginal and/or Torres Strait Islander women, aged 25 – 74 years, who are due to screen, can access the self-collected cervical screen.

Women have said they like this screening method as they are in control of their own body.

Do you have more questions? Have a chat with Sandy or make an appointment to hear more.

To book please call BADAC Medical Reception 5331 5344 to make an appointment.

REMINDER about your medications

BADAC Medical staff would like to wish everyone a very Merry Christmas and Happy New year.

We would like to remind our clients about preparing for the upcoming Christmas and New Year break and to consider your medication needs!

- ***Do you need to see a Doctor for repeat medications?***
- ***Do you need to get your scripts filled?***

BADAC Medical will be closed on the 24th December and will reopen on the 29th December.
We will be available on 29th 30th & 31st December for EMERGENCIES & PHONE CALLS ONLY!!
We will close again on the 1st January and reopen on the 4th January.

PLEASE MAKE AN APPOINTMENT AS SOON AS POSSIBLE IF YOU NEED MORE MEDICATION FOR THE HOLIDAY BREAK! Contact Medical on 5331 5344 before 21st December.

Don't wait until the last minute!

- **We have appointments available**
- **We have phone appointments leading up until Christmas**
- **We have appointments with Nurses available**
- **29th to 31st December—Emergency appointments or phone calls only**



To ensure you receive the best service, we request the following:



Medical appointment

- Notify Medical Reception upon your arrival at the Medical Centre
- Please be available in the waiting room at the time of your appointment for the Doctor or Nurse to avoid missing you and attending to the next patient
- Advise Medical Reception if you are unable to attend your Medical appointment.
- If you need forms to be completed by Doctor's please advise Medical Reception upon making appointment., as Doctors will need to allow a longer time to complete forms.

Transport

BADAC has a Medical Driver for Aboriginal Patients who do not have their own means of Transport

The criteria for using the Medical pickup service are:

- Patient must live within the Ballarat area
- Pickups for medical appointments only
- Contact must be made the day before appointments
- once you have seen the Doctor please be available immediately for the driver to take you home
- If you have made a booking for transport and you are not going to be at home or no longer wish to be picked up, please inform medical reception ASAP

Update contact details

To ensure our community receives the best services from BADAC Medical, we would like to request that you please update your contact details if there are any changes. This can be done at Medical

BUS TRIP TO BREAST SCREEN

The Best Protection is Early Detection

Are you a Koorie woman aged 40-74 years?

Have you had your Breast Screen in the last 2 years?

Enjoy some time meeting other women in the community, have a great afternoon tea and have a free Breast Screen



Bookings can be made at BADAC Medical Reception

5331 5344

Advanced Care Plans



Did you know that the nurses at BADAC can assist you to write an Advance Care Plan?

We encourage all our patients young and old, well or unwell to begin thinking about how they would like to be treated should they become unwell or be in an accident that may lead to them being unable to speak for themselves at the time.

An Advanced Care Plan lets the medical team here at Badac Medical Clinic and at the hospital know what sorts of treatments you would like to receive or not receive at the end of life.

If you would like more information you can make an appointment with Anthony to discuss.



WE ALL LOVE HAVING OUR NEW MEDICAL CENTRE
AND STAFF LOVE GIVING YOU THE BEST SERVICE OF CARE



If you are unable to attend your appointment.....PLEASE.....

- * Cancel via SMS Message/Reminder (Free Message)**
- * Contact BADAC Medical Reception as soon as possible if you know you won't make your appointment**
- * If you need transport, Contact BADAC Medical Reception way ahead of time, so we can transport you to your appointment on time!**

THANKS FOR YOUR SUPPORT IN HELPING US TO SERVICE YOU TO THE BEST POSSIBLE STANDARD!

Medical Clinic—Covid 19 Update

BADAC Medical Clinic fighting COVID-19 as a team. Throughout the pandemic our doors may have been locked, however we remained opened providing medical support for our community.

With a team approach, we have kept our community and staff safe and COVID -19 negative throughout 2020. We've worked with the other BADAC services, VACCHO, our local PHN and DDHS to obtain vital PPE (personal protective equipment) so our team to continue seeing clients face to face safely.

We responded rapidly at the start of the pandemic to ensure we could stay open for the duration and to reduce risk of infection to everyone. We triaged clients at the door and requested symptomatic clients remain in their cars or at home and receive medical assistance via telehealth appointment.

The team worked efficiently creating an isolation room in the clinic and adaptations made to ensure we kept everyone safe. Perspex screens were erected for our medical receptionist and covid-19 check lists for our medical driver, hand sanitising and masks were available for clients and staff and extra cleaning schedules were implemented.

Our doctors and nurses were available to collect COVID-19 Swabs in designated bays in the clinic carpark. So far we collected over 200 COVID-19 swabs and we will continue to offer this vital swab moving forward.



BREASTSCREEN GOWNS WELCOME WOMEN TO BE SCREENED IN BALLARAT



COVID19 has affected many things for the Aboriginal and/or Torres Strait Islander community and as a result less women are having their 2 yearly Breast Screen.

The Medical Clinic are regularly taking groups to have their screens done while catching up and having a yarn with other women.

5 Aboriginal women were screened recently and they looked so good with the beautiful Breast Screen gowns which happened to match their masks.

All women between the ages of 40 to 74 years are recommended to have a 2 yearly breast screen.

Contact Medical Reception to register for a group, and if you have any questions please contact Sandy at the clinic.

Community Members Doing Good Things



Ngata (*hello*) my name is Nikki Foy (*nee smith*) I am a proud Gunditmara/Wotjobaluk women and have lived and grown up

on Wadawurrung county most of my life. I have been in my role with the City of Ballarat just over 12 months and before this role I worked at the Department of Education and Training of over 15 years in various position.

I started my working life at BADAC as a Playgroup Co-ordinator back in the late 80's and went on to be a Koorie Pres-School Assistant. Since then I have watched the children of playgroup grow up, and for some become parents who I see taking their own children to playgroup. I am super excited to be working with the City of Ballarat and to share with community the exciting programs and opportunities that arise.

There is so much more to my position and I welcome a conversation with you to discuss anything regarding council. If I don't have the answers, I can follow it up and get back to you.

I would like to take this opportunity to promote to community the City of Ballarat's **mySay** page. Mysay is an opportunity for you to have a say in what happens in our beautiful city, you can have your say about the Alfredton BMX Track, New Outdoor Youth Space at Wendouree West Rec Reserve, , Lake Burrumbeet consultation or Ballarat Neighborhood Character Study, Ballarat Growth Areas and Imagine Ballarat East – Local Area Plan. All these projects are on the **City of Ballarat** website and are open for community to have their say and I encourage you as community members to have a look at the site and have your say, you **can** make a difference and your voice is important.

For more information go to: <https://mysay.ballarat.vic.gov.au/> and for any other information about the City of Ballarat go to: www.ballarat.vic.gov.au

The Ballarat Aquatic & Lifestyle Centre (BALK) is open to the public and to mark the reopening of the pool, Gym and other areas of the centre the manager Gerald and his team organized a Welcome to Country and a Smoking Ceremony. To find out what deadly programs are happening at BALC to go: www.ballarataquaticcentre.com

Nikki Foy | Aboriginal Liaison Officer

M: 0407 921 222 | nikkifoy@ballarat.vic.gov.au



VAEAI KOORIE OUTREACH SUPPORT PROGRAM



VAEAI'S KOORIE OUTREACH SUPPORT PROGRAM SUPPORTS KOORIE LEARNERS AND THEIR FAMILIES DURING REMOTE LEARNING ARRANGEMENTS, AS WELL AS ASSISTING THE TRANSITION BACK TO LEARNING ENVIRONMENTS WHEN IT IS SAFE TO DO SO.

OUR OUTREACH FACILITATORS CONNECT KOORIE LEARNERS WITH THE SUPPORTS NECESSARY TO SUCCEED IN THEIR EDUCATION. THIS INCLUDES:-

* LEARNING SUPPORTS * ONLINE WEBINARS * PEER SUPPORT PROGRAM

AS WELL AS CONNECTING YOU TO SERVICES AND SUPPORTS FOR OTHER NEEDS.

CALL 1800 VAEAI 1 (1800 82324 1) OR EMAIL: vaeai@vaeai.org.au TO SPEAK TO AN OUT-REACH FACILITATOR.





OPENING Early 2021

Register
Now

perridakburronei.net.au



Perridak Burron Early Learning

Culture • Education • Community

Despite all the delays which 2020 have thrown at us, the new Early Learning Centre, Perridak Burron will be up and running as scheduled, at the beginning of 2021.

Badac has now been granted a Provider Approval Certificate through DET to facilitate Early Childhood Education & Care services

This new and exciting endeavour by BADAC will provide many employment opportunities for our Community, and will be open for both Aboriginal and Non Aboriginal children.

Recruitment of staff for the new centre is currently underway, with details of employment opportunities on our BADAC and PERRIDAK BURRON Websites.

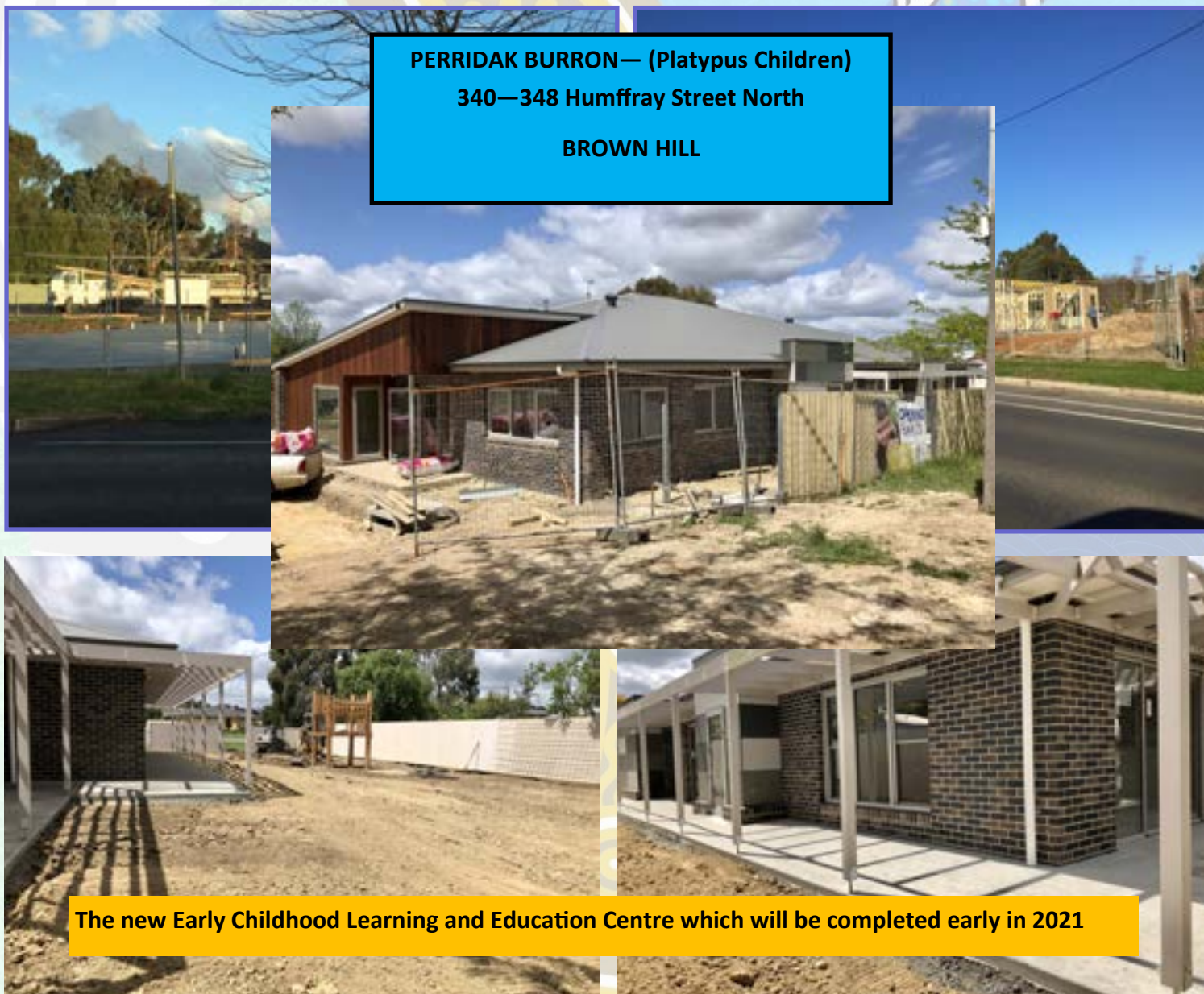
Please note that BADAC Playgroup will be conducted at this new centre, in 2021, along with other programs.

**For more information about the new centre and enrolments, please contact Casey Brown
Manager of Early Childhood Learning & Development) on 0418 366 691 or on line at**

www.perridakburronel.net.au



**PERRIDAK BURRON— (Platypus Children)
340—348 Humffray Street North
BROWN HILL**



The new Early Childhood Learning and Education Centre which will be completed early in 2021



Tickets \$3.00 each or

5 for \$10.00

To purchase a ticket please contact
main reception

5331 5344



During Footy Final Week, members of the Children & Youth Team and Early Childhood Team ran a fundraiser for the Christmas Tree Event this year.

Staff were offered Pies and Coke for a small donation, and were also encouraged to wear their footy colours.

Great Job Everyone!



CHILDREN'S WEEK November 2020

Prior to Children's week in November, the Children & Youth and Early Childhood Teams sent out packs of beads for local kids to make friendship bands, to celebrate the theme of the week, which was "Children have the right to choose their own friends". We had so many kids who wanted to be part of this . with requests and kids did a great job, which resulted with what we believe is the 'BIGGEST FRIENDSHIP BAND IN BALLARAT!'

The Friendship Band measured over 14 metres long!

What a fantastic effort from our Ballarat Koorie Kids!!



BOOK WEEK October 2020

During October, the CYS and ECLD Teams had a little bit of fun dressing up to encourage kids to dress up for BADAC's Book Week competition.



The teams ran an online book week dress up competition which was won by "Woody from Toy Story" ... otherwise known as Talai!

Congratulations Talai, you were voted best dressed for the BADAC Book Week Dress Up Competition. Thanks to all the awesome entries.

Talai received a fantastic book pack for his amazing effort!.

THANKYOU TO EVERYONE WHO TOOK PART IN THE FUN!



Above: Nikki Bell, Kirra Roberts, Bec Clark, Casey Brown, Sue Clark, Ebony Sladdin—Getting into character.





Want to become a BADAC member?

BADAC currently has a membership of over 400.

BADAC member's enjoy some great benefits and it only costs \$.10c to apply . Applications are sent to the Board who make all decisions about approving new members.

Benefits of BADAC Membership:

- Have a voice on BADAC's future (Nominate for the Board)
- Priority access to BADAC Housing opportunities
- Regular Newsletters and Annual Report
- Additional supports when needed including Food Hampers and household goods
- Part of making a difference for the Ballarat Aboriginal Community
- Special mail outs for events and community information

SPEAK TO THE FRONT RECEPTION STAFF ABOUT A MEMBERSHIP APPLICATION FORM!

Badac on Social Media

SOCIAL MEDIA GROUPS TO CHECK OUT:

KOORIE KIDS PARENTING

BALLARAT & DISTRICT ABORIGINAL COOPERATIVE

KOORIE YOUTH BALLARAT



Just a reminder to everyone that BADAC has a new Facebook page which has items posted in it regularly.

The old page will eventually be deleted, so please make sure you are following the latest page for the latest information!

RAINBOW TICK ACCREDITATION FOR BADAC

BADAC is committed to making sure that our services are inclusive of LGBTIQ+ community members, and this is the reason why we are undertaking the Rainbow Tick Accreditation.

Our plans to undertake training for staff and volunteers will follow our Board training which hopefully will be soon.

As the Rainbow Tick Advisory Group Coordinator, I would love to talk to any community or family members of LGBTIQ+ people.

It is so important for Aboriginal and/or Torres Strait Islander community give feedback and are consulted.

I can be contacted on sanderson@badac.net.au or via the Medical Clinic.

I work on Tuesday and Wednesdays and can make time for a visit.

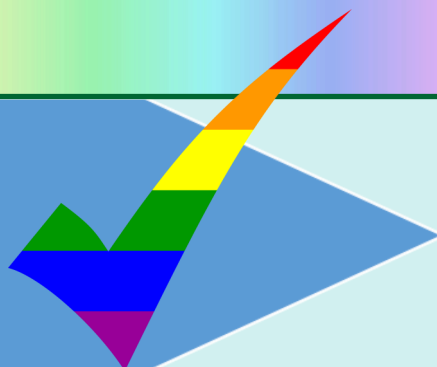
Sandy Anderson.



OLD FACEBOOK PAGE



NEW PAGE



COVID 19 Updates for Community



As we are all very well aware, the Covid 19 Pandemic has had a huge impact on how BADAC has conducted business since March 2020.

Our Staff have continued to be creative and flexible when dealing with their clients, or continuing to run programs.

The use of Social Media and Electronic meeting platforms have been essential, and as most other businesses, BADAC has adapted to this very well.

Without doubt, the most difficult challenge has been maintaining contact with our Community, and although we could not have our doors open to all of you, we have done our best to make it known that we are still here for everyone, despite the doors being locked.

Due to the legislations which was driven by the Victorian Government, we had little ability to be flexible, which meant mask wearing, doors closed, minimal contact and social distancing.

At the time of writing, our masks no longer need to be worn outdoors, however as per legislation, all staff and visitors to BADAC will be required to wear them inside the building. We hope this will be lifted soon.

For our Community, we will still maintain social distancing, and wearing masks when having contact with you all. We expect this to continue for some time, until we can be assured that the risk of this pandemic to our precious community is long gone.

BADAC's doors are still closed to the Community, however with many of BADAC's staff now returning to work from the office, we expect to open our doors to all of you early in 2021. You can still expect some changes to the way we do business, but it will be fantastic to see you all in the building again.

School Holiday Program—January 2021

School Holiday Program

Activities will commence after the New Year break in 2021.

We are planning trips to Melbourne, to the Beach, Camping , Bike riding, Swimming & much more!

All activities will be supervised and will be conducted in Covid safe manner.

Of course some age restrictions may apply to some activities but there will be something happening for everyone over the Summer break.

(Some minimal costs may apply for some activities)

We welcome all Children & Youth under 21 to join in the fun.

If you or your child would like to be involved in this year's January School Holiday Program,

please contact Sue Clark on 0499 021 023 or Nikki Bell on 0499 025 763....

or call Front Reception and let us know you're interested!





BADAC Services Information



BALLARAT
Centre
Against
Sexual
Assault
ABN 34 086 044 001

Sexual Assault Counsellor / Advocate

Services Available:

- * Confidential and free trauma informed sexual assault counselling services
- * Culturally Safe space for male and female adults, adolescents and children
- * Flexible locations for appointments as required
- * Legal/Court support and advocacy

FOR MORE INFORMATION OR TO MAKE AN

APPOINTMENT: Contact SEWB @ Badac

(03) 5331 5344 EXT 3

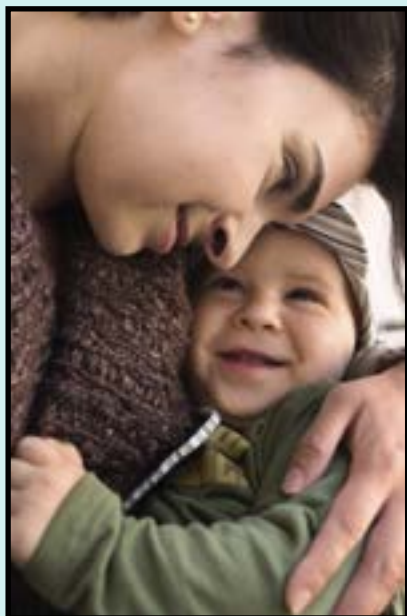
Social and Emotional Wellbeing Services
Ballarat and District Aboriginal Cooperative
Level 1—106 Armstrong St, Ballarat 3350

Supported by Ballarat CASA

Do you have love and care to give our Koorie Kids?

Are you interested and in a position to provide a culturally safe and secure place for a child in our community to stay?

Unfortunately, there are still Aboriginal/Torres Strait Islander children being removed from an unsafe environment. Ultimately, the best outcome is to not see these children removed. But when they do, we need to find suitable placements for children and sibling groups.



Foster care is temporary care of children by trained, assessed and accredited foster carers.

Children and young people requiring foster care can be of any age (up to 18 years), and can come from various cultural, religious, and socio-economic backgrounds.

Children and young people are placed in foster care for a range of reasons, and Foster care can occur as a result of a court order, or through a voluntary arrangement between the child or young person's parent and a service provider. It could be overnight, for a month or longer – it all depends on the needs of the child.

If you are in a position to offer up a room and invite children in, please call Koorie Family Services on 5331 5344 opt 4 to find out how you can help keep our children from entering Out of Home Care and stay in our community.

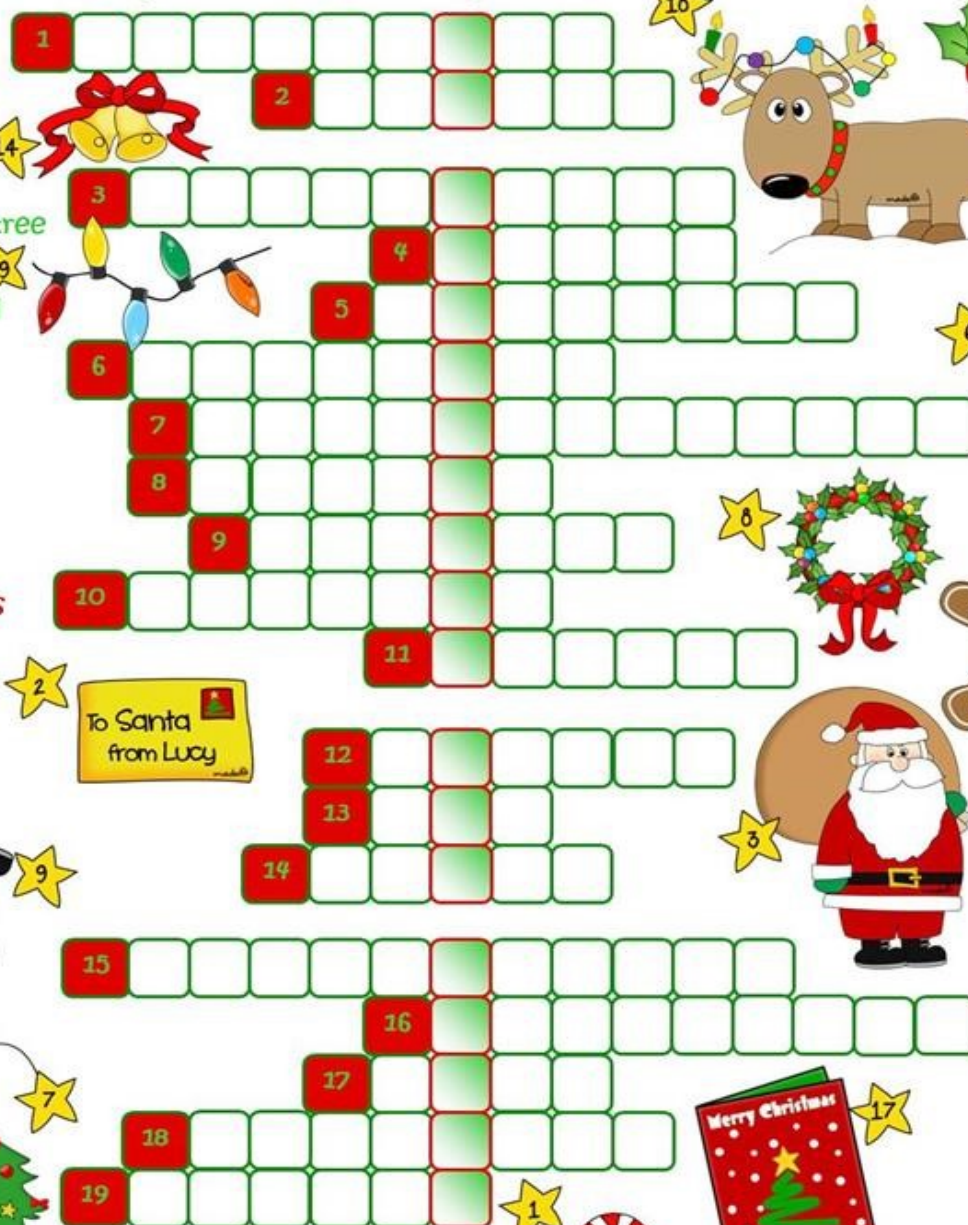




Christmas fun

Match the words to the correct pictures to complete the Crossword. Then find a secret message.

- bells
- candle
- candy cane
- card
- chimney
- Christmas tree
- elf
- gingerbread
- holly
- letter
- lights
- ornaments
- presents
- reindeer
- Santa Claus
- sleigh
- snowman
- stocking
- wreath



The secret message is _____ iSLClead home



Above: Karen Monaghan
CTS Team Leader

BADAC is continually reviewing it's programs to ensure we are offering our Community the best possible service.

In the spirit of self-determination, BADAC has recently developed a Cultural team, led by Karen Monaghan, which will bring together Aboriginal staff to deliver events and activities which focus specifically on strong cultural practice. This will include cultural camps, sharing stories, arts and crafts, yarnning circles and events.

The team will be based at the back of the Armstrong Street Building, and will be available for Community to drop in though the glass sliding doors near the rear entrance from the Car Park.

This is a very exciting development for BADAC, with the team becoming a central focus for all other BADAC Programs to work alongside.

The existing Strong Culture Strong Family program will now form part of this exciting new team, and bring with it Rob Watts, who will be on board to continue offering day trips and overnight camps to all members of our Community.

If you would like to speak to members of this team, and join in with the programs, please contact Karen Monaghan on 0447 946 606.

Youth Group Information

Interested in Youth Group?

We are looking forward to commencing again (face to face) after the School Holidays

BADAC's Youth Groups give Koorie kids the opportunity to socialize and build relationships with other kids from our Koorie community. In 2021 all participants will receive a special gift for being involved.

With a focus on Cultural Activities, Youth Groups run a variety of activities each week during school terms for Kids and Young Adults.

2021 Youth Group will be run Monday, Tuesday, and Wednesday Evenings during school terms.

MONDAY AFTERNOON: 5 to 8 years (3.30—5.30)

TUESDAY AFTERNOON: 9 to 12 years (3.30—5.30)

WEDNESDAY AFTERNOON: 13 to 16 years (3.30—5.30)

*(

If you have a child/children interested in participating in any of our youth groups, please contact the Youth Engagement Team at BADAC
Or Nikki Bell on 0499 025 763

Elders Group Information

Cost \$5.00 per person per Outing/Activity unless otherwise stated. We welcome new members, you will need to be registered with My Aged Care or National Disability Insurance Scheme to be eligible.

For more information, please speak with Mick Clark at BADAC or phone him on 0499 025 284

**The Community Home Support Team would like to wish all
our clients a very Merry Christmas and Happy New Year.**

We look forward to seeing you all in 2021 and commencing our regular catch ups and outings.

We will be in touch with details early in 2021!



Uncle Ted Lovett OAM

Uncle Ted Lovett (OAM) is a Gunditjmara man, who was educated to Grade 5 and made a Ward of the State in the 1950's. He spent his childhood going in and out of boy's homes, and youth training centres over a period of 8 years.

Eventually he ended up working for the Department who were his guardians while he was a state ward.

In 1962, he came to Ballarat to live and to play football, and went on to play for Fitzroy (now Brisbane Lions). He was the first person to win the Henderson Medal, (Ballarat Football Leagues best & fairest award) twice.

Uncle Ted had committed his life to working for the Aboriginal community, and has held positions with Victorian Aboriginal Health Service, Dept. Community Welfare Services, Telstra (Koorie employment), Department of Human Services (Drug & Alcohol Worker) and BADAC as Koorie Drug and Alcohol Worker.

In the 1970's, Uncle Ted worked for the Social Welfare Department, and was asked by his boss to set up a consultative Group to the Department. It was through this group that BADAC was originally founded.

He has always given to the Aboriginal Community by volunteering on boards and committees, such as Victorian Aboriginal Legal Services, Victorian Aboriginal Child Care Agency, Vic Aboriginal Youth Sport & Recreation, Vic Aboriginal Community Controlled Health Organisation, National Aboriginal Community Controlled Health Organisation, ATSIC, BADAC (Founding member/Board member/Chairperson), Victorian Aboriginal Community Services Association, Mirimbiak Native Title, Aboriginal Justice Advisory Committee, City of Ballarat, Junior Coach North Ballarat Football Club for several years, and also many years of work with community groups, schools, service clubs, medical and pharmacy students, catholic and anglican churches, Judges, Magistrates and VCAT., and performing acknowledgement and smoking ceremonies at conferences and functions.

In 2001, Uncle Ted was the recipient of the Centenary Medal for services to the Ballarat Aboriginal Community, and was a guest speaker at the Native American welfare Conference in the USA. He was also the Koorie in residence at Ballarat University.

After years of dedication to his Aboriginal Community, Uncle Ted appeared in the Queens Birthday Honours List in 2017, and was the recipient of the Order of Australia Medal for service to the Indigenous Community of Southwest Victoria.

In 2019, Uncle Ted OAM was inducted into the Victorian Aboriginal Honour Roll.

We are lucky to have Uncle Ted in our Community, and we Thank him for his leadership over many years.



LEFT: Kay and Uncle Ted Lovett (OAM)

Both have given so much to BADAC and the Aboriginal Community over many years, and continue to be involved .

THANKS KAY AND TED!





Social & Emotional Wellbeing

BADAC Keela Borron



Keela Borron Team: Lisa Jakiel , Marilyn Gale
Jo Snibson, and Korrie Lennecke

The term “Keela Borron” in Waddawurrung language means “Speak Children” and represents the core values of this new project, which is to listen to the voices of the children past and present, to support the healing of families and strengthen cultural connections

Keela Borron is a program developed by the Ballarat and District Aboriginal Co-operative in consortium with Ballarat Health Services - Mental Health Services as a part of a demonstration project funded by the Department of Health and Human Services

The project aims to improve the mental health and wellbeing of parents who have a moderate to severe mental illness with Aboriginal and or Torres Strait Islander children and prevent the placement of their children in out of home care as well as supporting family unification



This includes associated:



Trauma - Multiple Health needs - Social Support -Alcohol and other drug issues Involvement or risk in child protection/out of home care.
Frequent interaction with police and/or involvement in the correctional system.

WOMEN'S GROUP

**Grandmothers, Aunties, Sistas and Daughters
gather for a yarn, feed and some time out**

Once a month

**Upstairs BADAC Medical Centre Armstrong
Street—SEWB**

Contact Korriene for information

MEN'S GROUP

**Once a Fortnight
Come for a meal, a
yarn and connect
with the community**

**If you wish to join
the group**

**contact RobWatts on
0408463890**



WRISC FAMILY VIOLENCE SUPPORT



WRISC Family Violence Support and the Aboriginal Program, support Families and the local Aboriginal Community, who have experienced Family Violence, especially, during Corona Virus. If you or someone you know is needing support for Family Violence, please call our reception on 53 333 666 and speak to someone in the Aboriginal Program.



• VIRTUAL • **Survival Day** Dawn Ceremony

Tuesday 26 January 2021
5.30 – 6.30am

Online via livestream

The Koorie Engagement Action Group (KEAG) invites you to join us virtually for Ballarat's second Survival Day Dawn Ceremony.

The ceremony will be livestreamed from Viewpoint, Lake Wendouree.

Let's watch together in solidarity to peacefully reflect on those who have gone before us.

Everyone is welcome to join.
LET'S UNITE AS ONE.

Enquiries: interculturalservices@ballarat.vic.gov.au





Free Services Available to YOU

Social Worker



Wendy Holmes is available on Friday's to help you complete forms, provide general advice, link you to and advocate on your behalf. Wendy has been helping members of our community with:

- | | |
|--|--|
| Completion of Centrelink forms | Emergency Housing Referrals |
| Completion of Legal Aid documents | Assisting with supplies for new baby |
| Helping with Funeral arrangements | Disability Pension applications |
| Referrals to Financial Counsellors | Advocating with Housing |
| Assisting with arranging State Trustee Support | Advanced Care PlansAnd so much more! |

Please contact April at the SEWB Program to make an appointment!

Local Justice Program



If you have an outstanding fine or warrant which you would like to discuss with BADAC's Local Justice Worker, please call in and see Cathy Ward at 8 Market Street.

Badac is a **Work Development Permit Sponsor**, which allows for eligible community members to pay off their fines by accessing services or doing voluntary work. This has been a fantastic initiative of the Victorian Government and is working well for many of our mob.

With further reforms planned for the near future, it is advisable to address your outstanding fines as soon as possible. To avoid a surprise, please come in and discuss your fines and let us show you the different ways we can help you take the stress of debt off your shoulders!

Cathy Ward is our Local Justice Worker at BADAC and can be contacted at 8 Market Street or on **Mobile: 0497 115 428**

YMCA ReCranked Bike Recycling Program

The BADAC Children & Youth Program has recently received a number of bicycles from the YMCA ReCranked Bike Project.

These bikes have been restored and serviced, and will now form part of our 2021 Youth Program activities.

We have also been asked to promote this business, and let everyone know that there are still many bikes available for free, for any child or adult who would like one.

In their workshop, located in Wendouree, donated bikes are given a complete overhaul by our staff, program volunteers and young people. They are given to very worthy recipients, with the new owners also receiving first-hand knowledge on how to care for their new bikes, to ensure a lasting and happy friendship.



You can contact Wallace on 0417 313 989 if you are in need of a pushie, have one to donate, or want to volunteer to help out with their "reCranking"!

FOOD HUB COMMUNITY PROJECT



FOOD HUB IS A HARVESTRY MINISTRY OF FOOD COMMUNITY PROJECT

Head down to the Corner of Dawson and Mair Street Ballarat

"FREE" Meals are available every Thursday from

11.30 AM—1.00 PM

FOOD BANK IS OPEN EVERY FRIDAY 2.00 PM—3.00 PM

www.harvestministryoffood.com





New Members Welcome

Thinking of becoming a member?

Membership of BADAC is open to all members of the Ballarat and District Aboriginal Community.

To be a member you must have lived in the Ballarat Region for 12 months and you must be Aboriginal and/or Torres Strait Islander.

People who are married or De facto partners of Aboriginal and/or Torres Strait Islanders are also able to become members providing their partners are eligible for membership

Membership is a great way to connect with BADAC's services and your community.

Contact Reception to find out more!

Ph:03 53315344

Contact Us



BALLARAT & DISTRICT ABORIGINAL COOPERATIVE

P.O. Box 643

Ballarat VIC 3350

106-108 Armstrong St North

Ballarat VIC 3350

T: (03) 5331 5344

F: (03) 5333 1637



Our Services

BADAC supports the health and wellbeing of the Ballarat and District Aboriginal community with a range of holistic services, including:

- ☐ **Badac Medical Clinic**
- ☐ **Koorie Family Services**
- ☐ **Stronger Families**
- ☐ **Integrated Family Services**
- ☐ **Kinship Care**
- ☐ **Aboriginal Family Lead Decision Making (AFLDM)**
- ☐ **Early Years/Playgroup**
- ☐ **Home and Community Support**
- ☐ **Drug and Alcohol Rehabilitation Support**
- ☐ **Social & Emotional Wellbeing Program**
- ☐ **Justice Support**
- ☐ **Family Violence Support**
- ☐ **Social Worker**
- ☐ **Youth Groups**
- ☐ **Youth Leadership Programs**
- ☐ **Cultural Outings and Camps**
- ☐ **Stolen Generations Support**



**Have you changed your Address
OR**

**Want your magazine
delivered via email**

Email: reception@badac.net.au

If so please let our reception know either by dropping in or giving us a call (03) 5331 5344

Important Numbers (After Hours)

Triple Zero 000

The Triple Zero (000) service is the quickest way to get the right emergency service to help you. You can contact Police, Fire or Ambulance in life threatening or emergency situations.

Lifeline 13 11 14

24 hour crisis support and suicide prevention service.

Kids Helpline 1800 551 800

Helpline for children.

SuicideLine Victoria 1300 651 251

SuicideLine is a 24/7 telephone counselling service offering professional support to people at risk of suicide, people concerned about someone else's risk of suicide, and people bereaved by suicide.

Parentline 13 22 89

Parentline Victoria is a state wide telephone counselling, information, and referral service for parents and carers of children age 0-18 years. Parentline's hours are 8am-12 midnight 7 days a week.

BHS Mental Health Services 1300 661 323

Anyone can contact Mental Health Service if they are worried about their own changes in mood, ideas or behaviour, or someone else living in the region.

Aboriginal Legal Services – Victoria

1800 064 865

VALS is an Aboriginal community controlled organization operating Statewide in Victoria, providing community justice services and legal practice services to all Victorian Aboriginal community.

Nurse-On-Call 1300 60 60 24

Nurse on call is a 24/7 phone service that provides immediate, expert health advice from a registered nurse.

Maternal and Child Health Line 13 22 29

The Maternal and Child Health Line is a free 24/7 statewide telephone service available to Victorian families with children for birth to school age.

Gambler's Help 1800 858 858

Gambler's help is a 24/7 free support service for people who are affected by gambling.

National Debt Hotline 1800 007 007

A national, free, confidential & independent financial information service.

BADAC SERVICES INFORMATION (BUSINESS HOURS ONLY):

MAIN RECEPTION 5331 5344 Option # 9

MEDICAL RECEPTION (MEDICAL) 5331 5344 Option # 2

MATERNAL CHILD HEALTH—5331 5344 Option # 2

SOCIAL & EMOTIONAL WELLBEING/SEXUAL ASSAULT SUPPORT—5331 5344 Option # 2

KOORIE FAMILY SERVICES 5331 5344 Option # 9

HOME & COMMUNITY CARE 5331 5344 Option # 9

FAMILY VIOLENCE 5331 5344 Option # 9

Please let Reception know if you want to speak to someone specifically. A message will be given to staff member to phone you! back.