



PLATYPUS TRACKS

SPRING EDITION 2022



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We wish to acknowledge the traditional owners of the land of Ballaarat, The Wadawurrung people.

We acknowledge their Elders, Past, Present and emerging and also acknowledge those people from other nations who after being part of the Stolen Generations, chose to make Ballaarat their home.

From Our Chairperson — Larry Kanoa

BADAC Programs

What a busy past few months we have had in the community.

Our programs are back in full swing within all areas, and it is great to see so many young and old community coming through the doors and re-connecting after the challenges of lockdowns.

NAIDOC

As soon as the lockdowns had lifted, we had various community events around the community and our biggest event was celebrating NAIDOC week.

I hope you all had a chance to have a look at the NAIDOC Week special edition newsletter which highlighted the week and the fantastic events including the flag raising, community day and elders lunch.

Aboriginal Children's Forum

During June, BADAC hosted the Aboriginal Children's Forum which Karen co-chaired with Brigid Sunderland, Secretary of Department of Families, Fairness and Housing (DFFH). At the forum, there was robust discussion around various actions and priorities in supporting our most vulnerable young people.

Well done to Karen and the team for hosting such an important event and the feedback was so positive that I am sure we will be hosting again soon.



Board News

At board level we are progressing our model rules which we are hoping to engage members to discuss what may need to be looked at in strengthening the organisation in moving forward.

I would like to welcome Isaac Hucker to the board taking on a secondment opportunity until our AGM in November. Isaac is currently the Vice-Captain at St Patricks College and is using this opportunity to gain experience in governance and leadership for future endeavours.

Great to have you on board Isaac!

Lastly, I would like to thank all staff for their continued leadership during such a tough time in providing the services you do for the community.

Stay safe.

Regards,

Larry Kanoa

Chairperson



From Our CEO - Karen Heap

Australian Bureau of Statistics

Hi everyone,

What a wonderful NAIDOC 2022! Thanks to everyone who came to the various BADAC-hosted events and made NAIDOC week such a vibrant celebration of Aboriginal culture and community.

NAIDOC Week

The flag raising and cemetery walk had a massive turn out: more than 500 people came, including many Aboriginal community members, Ballarat community partners, government agencies, and individuals enjoying the walk to the cemetery, smoking ceremony and acknowledgement of Aboriginal Elder Mullawallah, followed by a community lunch at BADAC. This is becoming a widely recognised event, with many Aboriginal and non-Aboriginal community members paying acknowledgement to King Billy Mullawallah.

I was delighted to see such huge and happy crowds enjoying BADAC's NAIDOC Family Fun Day at the Ballarat showgrounds on the Wednesday. The 3,000 attendees explored a variety of stalls, art & craft, music, dancing, rides and activities for the kids (and plenty of big kids too!), with an enormous lunch to keep everyone going.

Thanks again everyone who attended our NAIDOC celebrations. I want to especially thank all the BADAC staff for a safe and well-run event, ensuring that once again everyone had a fantastic day.

CEO Activities

VACCHO meeting July 19 & 20. Thanks to BADAC Chief Operations Officer Jon Kanoa who ably represented BADAC at this statewide meeting.

As I write, I have the Aboriginal Housing & Homelessness Forum in mid-August. Homelessness and housing insecurity continues to affect Aboriginal people at unacceptable levels, which affects us across all the broad indicators of health.

I am also invited as a panellist on an Aboriginal Cultural Planning Forum, which will build cultural capacity in DFFH workers who work with our children and families.

Exciting news! The ABS is releasing the first data tables from the 2021 Census. Probably nobody is surprised to see that our BADAC region Aboriginal community is growing!

This may be due to increasing numbers of community members, and also more people feeling proud and able to identify as Aboriginal and/or Torres Strait Islander.

Here's how your local community has grown since the last census:

[ABS 2021](#)

BADAC service area – Aboriginal & Torres Strait Islander population data:

Ballarat	3080
Moorabool	558
Hepburn	180
Golden Plains	376
Pyrenees	144
Total:	4338.

ABS 2016

BADAC service area - Aboriginal & Torres Strait islander population data:

Ballarat	2164
Moorabool	368
Hepburn	150
Golden Plains	204
Pyrenees	135
Total	3021

Children and youth are our biggest population segment, with more than half of us (54%) aged under 24.

It's really important for Aboriginal people to stand up and be counted. BADAC uses ABS evidence when we apply for funding for our programs and for new services. Governments often use ABS to inform policy, strategy and funding.

Massive thanks to everyone who filled out their Census form in 2021!

Aboriginal Children's Forum

BADAC hosted the Aboriginal Children's Forum in June this year. I co-chaired the Forum with Brigid Sunderland, Secretary of Department of Families, Fairness and Housing (DFFH), and Colin Brooks, Minister for Child Protection and Family Services.

All the ACCOs from across Victoria, the department, and VACCA attended. The Forum's purpose is to talk about Aboriginal children in out of home care and the issues surrounding our children and families.

This forum ensures that we maintain an Aboriginal voice to government, for Aboriginal-led solutions which deliver culturally safe, early intervention and prevention, rather than a crisis-driven approach. We are able to speak directly to key decision makers, raise issues and propose solutions with a statewide Aboriginal focus. All our children should be raised in culturally sensitive and safe care.

BADAC put on a great event, with our in-house catering praised by all.

Aggressive Behaviour

Reminder! Aggressive behaviour and language are not accepted at BADAC at any time, and this includes communication by phone, email and text messages. Even though you may feel frustrated at times, please remember that BADAC reception staff are doing the very best they can to support you, our clients and community, to access the health care you need.

BADAC has a strong policy of courtesy and respect. In addition, we are mandated by law to provide a healthy and safe workplace for employees. I ask you to support BADAC by respecting our staff and community.

Spring is coming!

While CO-VID rates finally seem to be dropping once more, I urge you all to keep safe by wearing masks in public places, hand washing and social distancing. There have also been some very nasty colds and flu going around. Please get your CO-VID immunisations as appropriate. If you aren't sure, please ring BADAC medical on 5331 5344.

BADAC is continuing our CO-VID safe approach once more, with mask wearing mandatory in BADAC offices and community areas, to keep everyone safe. When you visit BADAC, you will find sanitiser and face masks readily available. We thank you for supporting us in these precautions.

Finally, spring is coming! Hopefully we will all be able to get together soon in sunny weather at a BADAC BBQ or cultural event. We will keep you posted.

Until then, stay safe,

Kind regards,

Karen Heap



Medical Centre

Women's Health Week

5-11 September is all about Women's Health Week. This is a nation-wide campaign of events and online activities—all centred on improving women's health and making healthier choices.

This is a time to make sure you are looking after your health and wellbeing. You might like to get active, join a sporting group or make an appointment for a health check.

You can find further information on the Women's Health Week website at: www.womenshealthweek.com.au

As Sandy Anderson has also recently retired, if you are looking to speak to someone within the Medical clinic at BADAC, Amanda Ryan—women's health nurse, is also available on Tuesdays. Please call Medical reception to make an appointment with her.



Covid Clinics

Covid clinics are run each Thursday and are available for any dose that you may require.

The next clinic will be on Thursday 15th September due to a small shortage in vaccines.

Please ring Medical reception on 5331 5344, opt #2 to book your appointment.



Bus Trip to Breast Screen

The Best Protection is Early Detection.

Are you a Koorie woman aged 40-74 years?

Have you had your Breast Screen in the last 2 years?

Enjoy some time meeting other women in the community, have a great afternoon tea and have a free Breast Screen

If you have any questions, please contact Amanda Ryan or Jade Purcell in Medical.

Bookings can be made at Medical Reception on 5331 5344, opt #2.

Covid-19 4th Dose

An additional booster, or fourth dose, is recommended for people at increased risk of severe illness, to be given 3 months after their first booster dose.

You should get a fourth dose if you are:

- * 50 years or older
- * 16 years or older and a resident of an aged care or disability care facility
- * 16 years or older and [severely immunocompromised](#)
- * Aboriginal or Torres Strait Islander and aged 50 years and older
- * 16 years or older with a medical condition that increases the risk of severe COVID-19 illness
- * 16 years or older with a disability

ATAGI has advised people aged 30 to 49 years old can receive a fourth dose if they choose.

Cancelling your Appointment

If you are unable to attend your appointment for whatever reason, please do one of the following to cancel:

Cancel via SMS Message/Reminder (Free Message)

Contact BADAC Medical Reception as soon as possible so that we can give that appointment to someone else who is in need.

We have an average of 5 no-shows a day which could have been appointments for someone else in the community, instead they have been wasted and time lost for nurses and doctors.

We have a long waitlist at the moment, so if you are unable to attend please let us know **ASAP** so that we can fill your appointment.

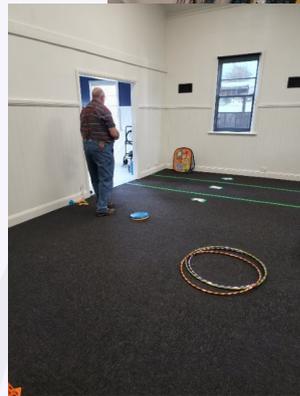
Elders Group

The Elder's Group enjoys regular outings and activities every Friday. Cost \$5.00 per person per Outing/Activity unless otherwise stated.

We welcome new members, however you will need to be registered with My Aged Care or the National Disability Insurance Scheme to be eligible.

For more information on any of the above activities or joining the Elders group, please contact Janine Green in Home & Community Care on 5331 5344 or jgreen@badac.net.au.

Recently the Elders group enjoyed their own mini Olympics—a fun day had by all!



'Do Drop In'

'Do Drop-In' is held every Wednesday & Friday from 10am in the Community Room at BADAC.

You do not need to register. Just 'drop-in' to catch up with friends, have a cuppa and a chat and maybe get creative while you're here.

You can bring your own craft projects in, read a book, or make something with all the supplies we have here.....there is always something to do!!

A \$3 donation from all attendees is welcome to help cover the cost of supplies/activities.

A very happy 81st birthday to one of our adored elders, Les Nikkelson. We hope you had a great day celebrating!



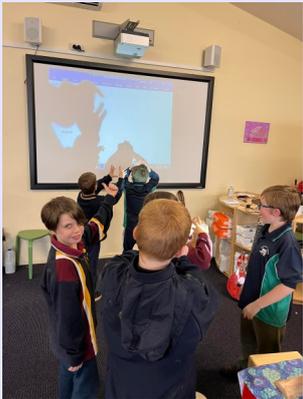
Children & Youth Services

After School Youth Group



Clay sculpting, dance practice, song writing, Didj and weaving sessions, and so much more!

Thank you to the CYS team for putting together these amazing afternoons.



If you have children that you think would like to join in on all the fun and make some new friends, please

Contact our Children & Youth Services Support Team on 5331 5344

Youth Group is each Monday 4pm-6pm at Beverin St, Sebastopol.

WE WOULD LOVE TO SEE YOU!

Junior NAIDOC Ball



What a night the kids all had at the Junior NAIDOC Ball. Awards, sit down dinner and dancing! Thank you to the CYS team and all their helpers for putting on such a great evening for the kids.

September School Holiday Program

The next lot of school holidays are upon us and the CYS team have some great activities to keep the kids entertained!! Please make sure you read the below in detail and contact Aaron—0400 342 363, or Nikki—0499 025 763 for bookings.

Tuesday 20th September

MAJOR LEAGUE SPORTS DAY

Time: 10:00am to 2:00pm.

Location: 502 Howitt St, Soldiers Hill.

Age: 5 years old to 13 years old.

Cost: \$5.00 per child. *payment must be provided to CYS team at arrival.

Kids MUST register for this activity.

BYO Lunch & BYO Water Bottles.

Pick Ups & Drop Off will not be provided.



Wednesday 21st September

MOVIE DAY.

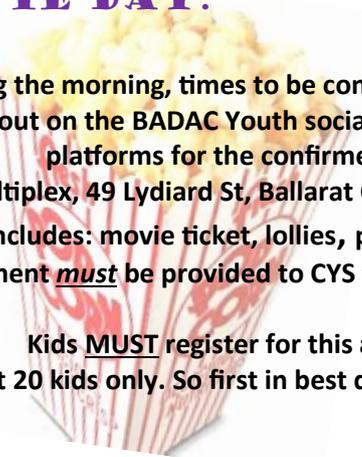
Time: Movie will be on during the morning, times to be confirmed. Please keep an eye out on the BADAC Youth social media platforms for the confirmed time.

Location: Regent Multiplex, 49 Lydiard St, Ballarat Central.

Cost: \$10.00 per child (this includes: movie ticket, lollies, popcorn & drink). *payment must be provided to CYS team at arrival.

Kids MUST register for this activity.

Capped at 20 kids only. So first in best dressed.



Thursday 22nd September

VIC PARK PLAYGROUND FOOTY COLOURS DAY (AFL GRAND FINAL WEEK)

Time: 10:00am to 2:00pm.

Location: Vic Park

Age: 5 years old to 12 years old.

Cost: Free.

Kids MUST register for this activity.

BBQ Lunch provided. BYO Water Bottles.

Wear your AFL footy colours to celebrate the 2022 AFL season.

Pick Ups & Drop Off will not be provided.



Tuesday 27th September

SKATE PARK & PLAY.

Location: Doug Dean Reserve, Delacombe.

Time: 10:00am to 2:00pm.

Age: 5 years old to 12 years old.

Cost: Free.

Kids MUST register for this activity.

BYO Lunch & BYO Water Bottle.

The CYS team will provide some skateboards.

Children are welcome to bring their own skateboard & scooters if they like.

Pick Ups & Drop Off will not be provided.



Thursday 29th September

HALLS GAP ZOO

Time: 9:30am to 3:30pm.

Location: Halls Gap Zoo, Halls Gap.

Cost: \$10.00 per child.

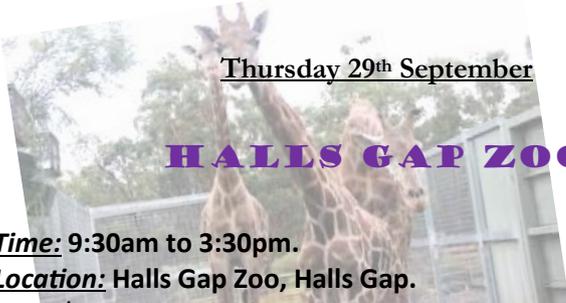
Kids MUST register for this activity.

BYO Lunch & BYO Water Bottles.

Capped at 20 kids only (8yrs old to 13yrs old). So first in best dressed.

Kids to be dropped off to BADAC Youth Office

(124 Armstrong St) at 9:15am. Bus will be leaving 9:30am



Community Information

BADAC Christmas Tree Event

BADAC had a call from Santa this week, to let us know that although Christmas is not for a few weeks, he is very busy, and is getting his Elves to build presents for BADAC's community kids.

This year will be asking parents and carers to provide \$5 per child or \$15 per family, which will contribute towards great quality presents for children up to 12 years old.

Presents will be hand delivered by Santa himself on Friday 16th December, when we hold our annual Christmas Tree Event at BADAC. Expect to see lots of activities and fun in our carpark from 4pm to 8pm.

If you would like to put a child's name down for a present, please contact Main Reception and provide the child/s name, gender, age and which BADAC Service you or your child/ren are connected to. We now have an EFTPOS machine at Reception, so payments can be made over the phone or in person if preferred.

We will be closing Santa's list on Friday December 2th, so please have all details and money to BADAC Reception by this date.



BADAC Op-shop

Located at 15 Ararat St, Ballarat Central, the BADAC Op Shop continues to grow with the help of volunteers, BADAC Staff and community members. Currently we are only open on Wednesday and Friday's 10am – 2pm.

We would like to give a BIG Thankyou to our volunteers, especially Jenny Muir, who have worked very hard, giving up their own time to help us get the Op Shop established. We appreciate all of you.

In July, we were given many donations, shelving and clothes racks from CAFS, and although this has stretched our current shop for space, we appreciate their generous donations.

We are hoping to open our Op Shop for longer hours and more days, and have begun networking with Job Agencies to provide an opportunity for young people to gain shop experience.

As we continue to learn more about the best way to operate the Op Shop, we plan to continue to sell items at a low price, with most items being \$2.00 unless otherwise marked. We are also exploring options of online sales as well.

If anyone is interested in volunteering at the Op Shop any day of the week - please contact BADAC Reception.



Yirram Burron Early Learning Centre



Yirram Burron
EARLY LEARNING



Just like their sister centre Perridak, Yirram has also had a few busy months with a lot of celebrations happening. The children have enjoyed baking, getting back to nature outside and creating some amazing artworks.

For information on our new centre, you can visit the website:

<https://www.yirramburron.net.au> and also email admin@yirramburronel.net.au for any enquiries.



Bengadak Babab—meaning Celebrating our Children.

We have been really busy so far this term with lots of exciting things happening!

We've created some clay Echidnas after reading 'The Echidna & The Shade Tree', visited the Ballarat Library for Story Time and were taken on a behind the scenes tour of the library.

Jane Marini (KPSA) & Nikki Bell (Youth Engagement) came to visit and do activities with the group. Jane made Platypus/Perridak puppets with the children, and Nikki created a beautiful Nature mandala with the group which we then used the natural resources for pastings and craft in the rooms at Yirram Burron.

Aboriginal and Torres Strait Islander Children's Day was celebrated with a special morning tea and the children did some colourful rock paintings, using the colours of the Aboriginal and Torres Strait Islander Flags.

We also recently visited the Cultural Centre and made instruments with Kate Clarke, as well as some singing and dancing with Uncle Paul and The Moogies.

In the last few weeks of term 3 we have Book Week dress up days, Father's/Special person's day activities, exploring 'The Rainbow Serpent' Dreaming story, BADAC Women's Health Nurse Amanda Ryan will be coming in for Women's Health Week. And for the last day of term we have 'Wildlife Xposure' coming to do a Native Animal show for us.

Planning for Term 4 is under way, so I cant wait to share what we'll be up to then.

Danielle—Playgroup Facilitator

Cultural Therapeutic Support



Stolen Generation Group

The Stolen Generation group meet each Wednesday fortnight.

Gatherings are hosted at 403 Main Rd (formerly The Hub)

For further information please contact:

Vicki Peart, Stolen Generation Worker

Phone 5331 5344

Carer's Circle

Social and support group for carers of Aboriginal children. The program has a strong focus on supporting carers to ensure children are connected to their culture and community.

The group meets Monday's 10am—12:30pm at 403 Main Rd with morning tea provided.

For further information please contact Kate Clarke on 0459 764 249

Women's Group

Women's Group

When: Tuesdays 11am—1pm

Where: 403 Main Rd (unless otherwise advised)

Lunch provided.

If you are interested in attending please call

Kate Clarke on 53315344 or 0459 764 249

Stories in Song

Music making—song writing, instrument workshops and regular jam sessions. No musical talent or knowledge required, just a willingness to join in!

If you think this is something for you, please contact Kate Clarke on 0459 764 249. Afternoon tea provided.

Men's Group

MEN'S GROUP

Come along and join in with our Men's group.

Yarn about health and other things.

Enjoy outings and cultural sessions.

WHERE: 403 Main Road

WHEN: Every Thursday

TIME: 11:00am till 2:00pm

CONTACT: Peter Shane Rotumah

PHONE: 0408 710 644

EMAIL: petershaner@badac.net.au

Hope to see you there!

Cultural Awareness Training

Cultural Awareness training is available for external groups through our Cultural Therapeutic Support team.

To register or for further information, please contact Shu Brown at sbrown@badac.net.au

Dijila Tjarri

The next intake will be in Term 4.

For further information, please contact Kate Clarke on 0459 764 249

When: Wednesday's & Thursday's 3:30pm—5pm

Where: 403 Main Rd

Afternoon tea provided

FOR FURTHER INFORMATION ABOUT ANY OF THESE PROGRAMS, OR TO ENQUIRE ABOUT SMOKING CEREMONIES OR CULTURAL EVENTS, PLEASE CONTACT CULTURAL THERAPEUTIC MANAGER, SHU BROWN THROUGH BADAC RECEPTION OR sbrown@badac.net.au

Social and Emotional Wellbeing

Make a Change Program



The Making A Change (MAC) Therapeutic Alcohol & Other Drug Day Rehabilitation Program is an 8-week program that runs four times a year - in line with Victorian school terms.

FREE PROGRAM!

MAC RUNS: 9.30am – 3.30pm
Tues, Wed & Thurs (Friday is optional)

Referrals to MAC can be made via other services or you can self-refer. You must be over the age of 18 to participate.

Here are just some of the range of topics we cover in our program:

- Setting Goals
- Communication
- Conflict Management
- Managing Stress & Anxiety
- Health & Wellbeing
- The Benefits of Exercise
- Cooking
- Budgeting
- Community Connection
- Relapse Prevention
- Equine Therapy
- Art Therapy
- + much more!

MAC is FREE for all participants. Places are limited and an assessment will be undertaken prior to successful enrolment in the program.

PLEASE NOTE: Participants must be stable in their substance use and mental health, and they must be able to attend the program not affected by alcohol or other drugs.

TO GET STARTED: Send your enquiry and/or referral to: aodintake@bchc.org.au

The remaining MAC dates for 2022 are:

Term 4: 18th October to 7th December
(Orientation 13th October)

If you are interested in taking part in the program, please send an email to aodintake@bchc.org.au or call 5338 4500.

For more info call 03 5338 4500 or visit bchc.org.au/service/making-a-change-program/



Cultural Support Workers

Located within Social and Emotional Wellbeing Services (SEWB) at BADAC, the Cultural Support Team has a key focus on supporting the Aboriginal and Torres Strait Islander community and their families experiencing or at risk of a mental illness. The Cultural support workers will work closely with clients to maintain and improve their connection to culture, considering all aspects of the social and emotional wellbeing framework and work alongside mental health clinicians to provide a multidisciplinary and culturally informed mental health service.

A key focus of this support is ensuring the SEWB service maintains a strong cultural connection while providing psychosocial support, advocacy, cultural safety and knowledge sharing. Working within the SEWB Mental Health Clinical Team, the SEWB Cultural Support Team will ensure clients are supported through sound knowledge of Aboriginal culture.

If you seek Mental Health Support at SEWB, you can request a Cultural Support Worker for additional support if needed.

For more information, please get in touch with the Social and Emotional Wellbeing Team at BADAC.

CONTACT DETAILS

Social and Emotional Wellbeing
106 Armstrong St Nth, Ballarat VIC 3350
03 5331 5344 ext. 3



Left: Team Leader
Katrina Hetherington



Team members

Top left: Korriene
Lennecke

Top right: Kirra
Roberts

Bottom left: Diana
Thomas

Bottom right: Jacob
Lane

Staff Profile



Name: Leanne Gafa

Current Position: Events and Reception Manager

Time at BADAC: Over 11 years

What other roles have you held in your time at BADAC?

I have had numerous roles at BADAC including receptionist at Beverin St and Armstrong St, Executive Assistance to the CEO and Events Manager.

How has BADAC as a whole (buildings/community/staff) changed since you've been here?

BADAC has grown so much - it had about 40 staff when I started and now it's around 160. BADAC has become one of Ballarat's strongest businesses buying and developing assets, positively heading toward future goals and self determination.

What do you love most about working at BADAC?

I love the community contact and have made friends with so many good people. I love the ethic behind BADAC and how we support the community holistically.

Are there any work/life goals you've been able to achieve whilst working at BADAC?

A work goal for me is that I love how the 'Do Drop In' group has become very much a long term part of BADAC, week in, week out. This social group that started as a few hours once a week, now runs 2 full days and is a bright, happy, positive group of people from all lifestyles, who are now all friends and support each other.

What hobbies do you have?

I breed Irish Gypsy Cob horses. These are predominantly black & white small draft horses that are very easy going and placid, but strong. They are what the Romany Gypsy's used to pull their caravan houses around the country.

Any other words of wisdom or stories you would like to share?

I feel BADAC is a brilliant place—there are so many support services and groups available now for people to be involved. We are lucky in having a great CEO; she is a great mentor for those working around her by the work ethic she shows and is open to people's new ideas. BADAC has gone forward in leaps & bounds in the last few years, this would not have happened without the work that goes into things from the Management team.

I feel very grateful to be apart of BADAC!



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Funfetti Pancakes

Method:

Ingredients:

- * 1 cup self-raising flour
- * 1 egg
- * 1/4 tsp bicarbonate soda
- * 1 tbs caster sugar
- * 1 pinch salt
- * 1 cup full cream milk
- * 1 tsp white vinegar
- * 1/2 cup rainbow sprinkles



- * Add flour, bicarbonate of soda, sugar, salt and egg to a large bowl
- * Mix milk and vinegar together in a jug and pour into large bowl
- * Whisk batter until combined and slightly thickened. Stand for 5 minutes
- * Gently stir through sprinkles, being careful not to over-mix
- * Heat a frying pan over low to medium heat. Pour some pancake batter into pan and cook until top of pancake has small bubbles appear. Flip pancakes and cook other side until lightly golden. Repeat with remaining batter.
- * To serve, stack pancakes and top with whipped cream or ice-cream and extra sprinkles

Central Highlands Water donation

This year for our NAIDOC Community day, we were lucky enough to partner with Central Highlands Water who donated 100% of their water bottle proceeds to BADACs Cultural Therapeutic Support and Children & Youth Services teams.



CHW Managing Director Jeff Haydon and Chairperson Angeleen Jenkins made a visit to BADAC on Friday 29th July to present us with the proceeds.

An amazing \$1,180 will go towards the programs these teams run and continue to support our Community.

We thank CHW for their generosity and hope to build on our partnership together in the future.



Above: Cultural & Therapeutic Support Services Manager Shu Brown, Children & Youth Services Manager Sue Clark, CHW Chairperson Angeleen Jenkins, Chief Operating Officer Jon Kanoa and CHW Managing Director Jeff Haydon

Become a BADAC Member Today



Membership of BADAC is open to all members of the Ballarat and District Aboriginal Community.

To be a member, you must have lived in the Ballarat Region for 12 months and you must be Aboriginal and/or Torres Strait Islander.

People who are married or De facto partners of Aboriginal and/or Torres Strait Islanders are also able to become members providing their partners are eligible for membership

Membership is a great way to connect with BADAC's services and your community.

Applications are sent to the Board who make all decisions about approving new members.

Benefits of BADAC Membership:

- Have a voice on BADAC's future (Nominate for the Board)
- Priority access to BADAC Housing opportunities
- Regular Newsletters and Annual Report
- Additional supports when needed including Food Hampers and household goods
- Part of making a difference for the Ballarat Aboriginal Community
- Special mail outs for events and community information

BADAC member's enjoy some great benefits and it only costs \$.10c to apply .

SPEAK TO RECEPTION STAFF ABOUT A MEMBERSHIP APPLICATION FORM!

Good News Stories

Sandy Anderson's retirement

On Wednesday 27th July, we said farewell to one of our long standing Women's Health nurses, Sandy Anderson.

Sandy had the following to say:

I have worked in the BADAC Medical Clinic for over eleven years and now the time has come for me to retire.

I want to thank all of the Aboriginal and/or Torres Strait Islander community members who have given me the privilege of working with them on their health.

I have learnt so much from all the community and want to thank you all for your trust and friendship.

I am retiring, on a promise, before I turn 70 but wanted to say how much I will miss you all.

Best wishes to you all. Cheers Sandy.

Thank-you Sandy for all your hard work and dedication over the years with BADAC.

Enjoy retirement!!



City of Ballarat Youth Awards



Congratulations to Sonni Te Moananui, Ashleigh Kanoa, Jane Marini, and Isaac Hucker for their nominations at the recent City of Ballarat Youth Awards.

Sonni was nominated for the Leadership in Sport & Recreation award, Ashleigh the Positive Leader award, Jane the Influential Adult Worker award and Isaac the Equity, Diversity & Inclusion award.

Unfortunately they didn't come away with a win in their categories, but it was a great achievement for you all to be nominated.

Indya Hayes was nominated for the Innovators Award for her small business The Minority Co, and won! A huge congratulations to Indya.

Keep up the amazing work you all do for your community, sports, schools and work.



Good News Stories

The Moogies visit Day care

As part of NAIDOC week celebrations, BADAC music group 'The Moogies', visited Delacombe's Brady Bunch Early Learning Centre to showcase their music and entertainment to the kids and staff. Children enjoyed playing instruments, dancing and being painted up.



Aboriginal Community Leadership Award

Congratulations to Aunty Marj Pickford who was awarded the Aboriginal Community Leadership Award at the Marrung Awards on 30th June.

Sebastopol Primary School Principal Michelle Wilson nominated Marjorie for supporting the school to include Aboriginal culture and history in its learning programs, increasing student engagement, learning progress and wellbeing.

'Aunty Marjorie is known, respected and loved by many at Sebastopol Primary School,' Michelle said.

Aunty Marjorie said it was a great honour to receive the award.

'I have been working in education for a long time. For someone to recognise the work I do and nominate me feels good,' she said.

A great achievement Marj - well done!



Welcome to new BADAC Staff



Stuart Nettlefold

Property Maintenance Worker
Community Home Support Program

Diana Thomas

Cultural Support Worker
Social and Emotional Wellbeing



Jacob Lane

Cultural Support Worker—Mental Health
Social and Emotional Wellbeing



Leanne Jack

Case Support Worker
Gobata Burron



Duane Bray

Medical Receptionist



Charlotte Sapwell

Keeping Families Together Practitioner
Koorie Family Services



Rebecca Bux

Aboriginal Access Support & Community Linkages Co-Ordinator
Home and Community Care Support



Employment Services

**Worn
Gundidj**

- >Are you looking for part-time work?
- >Need a job to pay tuition fees?
- >Need help kickstarting your employment journey?

Jobs Victoria in collaboration with Worn Gundidj provide a free employment service to anyone looking for work. Employment Mentors in Ballarat region are eager to help guide you into suitable employment that fits in with your individual strengths and skill sets.

We offer assistance with all types of licenses required for employment including but not limited to; white card, traffic management, forklift, RSA, RSG, First Aid and much more.

For further information please feel free to contact our local JVES team in the Ballarat region:

Brooke Jenkins

Worn Gundidj Aboriginal Co-Operative | JVES Employment Mentor
0484 330 772

Jarrold Faulkhead

Worn Gundidj Aboriginal Co-Operative | JVES Employment Mentor
0484 337 185



**Worn Gundidj
Employment Services**

We acknowledge Aboriginal Torres Strait Island People as the Traditional Custodians of this country throughout Australia, our connections to land and community. We pay respect to our Culture and to our Elders both past, present and emerging.

Community Information

Our Services

BADAC supports the health and wellbeing of the Ballarat and District Aboriginal community with a range of holistic services, including:

- BADAC Medical Clinic
- Koorie Family Services
- Stronger Families
- Integrated Family Services
- Kinship Care
- Aboriginal Family Lead Decision Making (AFLDM)
- Early Years/Playgroup
- Home and Community Support
- Drug and Alcohol Rehabilitation Support
- Social & Emotional Wellbeing Program
- Justice Support
- Family Violence Support
- Social Worker
- Youth Groups
- Youth Leadership Programs
- Cultural Outings and Camps
- Stolen Generations Support

Contact Us

BALLARAT & DISTRICT ABORIGINAL COOPERATIVE

P.O. Box 643

Ballarat VIC 3350

106-108 Armstrong St North

Ballarat VIC 3350

T: (03) 5331 5344

F: (03) 5333 1637

E: reception@badac.net.au



Have you changed your Address

OR

**Want your magazine
delivered via email**

**If so please let reception know either by dropping in or
giving us a call (03) 5331 5344.**

**You can also email our Social Media Officer, Erin Kanoa
ekanoa@badac.net.au**

Important Numbers (After Hours)

Triple Zero 000

The Triple Zero (000) service is the quickest way to get the right emergency service to help you. You can contact Police, Fire or Ambulance in life threatening or emergency situations.

Kids Helpline 1800 551 800

Helpline for children.

SuicideLine Victoria 1300 651 251

SuicideLine is a 24/7 telephone counselling service offering professional support to people at risk of suicide, people concerned about someone else's risk of suicide, and people bereaved by suicide.

Parentline 13 22 89

Parentline Victoria is a state wide telephone counselling, information, and referral service for parents and carers of children age 0-18 years. Parentline's hours are 8am-12 midnight 7 days a week.

BHS Mental Health Services 1300 661 323

Anyone can contact Mental Health Service if they are worried about their own changes in mood, ideas or behaviour, or someone else living in the region.

Yarning Safe 'N' Strong 1800 959 563

Yarning Safe 'n' Strong is a 24/7 free and confidential support and help line for Aboriginal and Torres Strait Islander peoples and their families who need to have a yarn about their well-being.

Direct Line 1800 888 236

Direct Line is a 24/7 telephone service providing counselling, information and referral service for anyone in Victoria wishing to discuss alcohol or drug-related issues.

Aboriginal Legal Services – Victoria 1800 064 865

VALS is an Aboriginal community controlled organization operating Statewide in Victoria, providing community justice services and legal practice services to all Victorian Aboriginal community.

Nurse-On-Call 1300 60 60 24

Nurse on call is a 24/7 phone service that provides immediate, expert health advice from a registered nurse.

Maternal and Child Health Line 13 22 29

The Maternal and Child Health Line is a free 24/7 statewide telephone service available to Victorian families with children for birth to school age.

Gambler's Help 1800 858 858

Gambler's help is a 24/7 free support service for people who are affected by gambling.

National Debt Hotline 1800 007 007

A national, free, confidential & independent financial information service.

Lifeline 13 11 14

24 hour crisis support and suicide prevention service.

BADAC SERVICES INFORMATION (BUSINESS HOURS ONLY):

MAIN RECEPTION 5331 5344, Option # 9

CHILDREN & YOUTH SERVICES 5331 5344, Option # 9

MEDICAL RECEPTION 5331 5344, Option # 2

MATERNAL CHILD HEALTH 5331 5344, Option # 2

FAMILY VIOLENCE 5331 5344, Option # 9

GOBATA BURRON 5331 5344, Option# 9

SOCIAL & EMOTIONAL WELLBEING/SEXUAL ASSAULT SUPPORT 5331 5344, Option # 3

CULTURAL & THERAPEUTIC SUPPORT 5331 5344, Option # 9

KOORIE FAMILY SERVICES 5331 5344, Option # 9

HOME & COMMUNITY CARE 5331 5344, Option # 9

Please let Reception know if you want to speak to someone specifically. A message will be given to staff member to phone you back.

